



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**FOR IMMEDIATE RELEASE:**

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**MEDIA ALERT & PHOTO OPPORTUNITY**  
**THOUSANDS OF "TURKEY TROTTERS" TO SUPPORT YMCA OF  
GREATER PITTSBURGH THANKSGIVING MORNING**

**WHAT:** On Thanksgiving morning, thousands of athletes will lace up their running shoes and put on their turkey hats for the 26th Annual PNC YMCA Turkey Trot, presented by UnitedHealthcare. Participants will also help the Y reach its goal of collecting 3,000 pounds of food by donating non-perishable food items before the race.

Runners will compete in various races that navigate them through the streets of Downtown and the North Shore. The MedExpress Urgent Care 1-Mile Fun Run will begin at 8:00 a.m., followed by the UnitedHealthcare 5K race at 8:30 a.m. At 9:15 a.m., racers will embark on the Oxford Development 5-Mile Race. The most ambitious runners can participate in the GNC Live Well Double Gobble, which includes both the 5K and 5-mile races.

Before and during the races, participants and spectators will be able to show their gratitude by writing what they are thankful for on UnitedHealthcare's "Grateful Walls." They can also take photos holding signs displaying their gratitude inside the Pittsburgh Camper Booth, supplied by UnitedHealthcare.

**The media is invited to this great Thanksgiving holiday photo opportunity.**

**WHO:**

- Thousands of athletes, casual runners and active families from nearly every state and several different countries
- The PNC YMCA
- Sponsors: UnitedHealthcare, MedExpress, Oxford Development Company and GNC.

**WHEN:** Thursday, November 24, 2016  
8:00 a.m. MedExpress Urgent Care 1-Mile Fun Run  
8:30 a.m. UnitedHealthcare 5K Race  
9:15 a.m. Oxford Development 5-Mile Race

**WHERE:** PNC Park  
115 Federal Street  
Pittsburgh, PA 15212

Media can check-in at the Pirates CAP Company on Mazerowski way, which is located near the start/finish line for the race.

**WHY:** Approximately 47% of Pittsburghers struggle to access healthy foods. As part of the Y's commitment to social responsibility, the race will benefit the YMCA's Homerun for Hunger initiative to eliminate hunger and provide food security for everyone in Allegheny County. Proceeds from the race will be used to help stock shelves at the YMCA's emergency food pantries and other food security efforts in the area.

### **About the Y**

[The Y](#) is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. [The YMCA of Greater Pittsburgh](#) is a 501c(3) charitable organization dedicated to nurturing the potential of every youth and teen, improving the community's health and well-being and providing opportunities to give back and support our neighbors. Programs offered by the YMCA of Greater Pittsburgh serve more than 90,000 different people each year and include after-school care and childcare, outdoor camping, community outreach, sports, health and fitness, youth counseling and senior assistance. Every day, the Y works side by side with its neighbors to ensure that everyone regardless of age, income or background, has the opportunity to learn, grow and thrive.

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